



[Guide Outside Ltd - Sample Itinerary – The Lake District](#)

- ❖ This is just one example of the Tours we can offer in The Lake District
- ❖ We can tailor each Tour to your exact requirements

The Cumbria Way

We offer **The Cumbria Way** as a Professional Blue Badge Guided walk or as a Self-Guided walk.

Walk Description

Normally this would be a 5 to 7 days tour, covering the 70 miles (112 km) between Ulverston (in the South Lakes) to Carlisle (at the north end) .. or vice versa .. going through the heart of The Lake District. .. but we can tailor it to suit your walking ability. You can do some of it, or all of it and we can plan daily distances to suit your walking ability ... the choice is yours! (see map below)

The Terrain

The route mainly keeps to the valleys, and is usually open all year round. The high point on the route crosses Stake Pass between Langdale and Borrowdale and is nearly 500 mts above sea level, so it can be exposed up here in the Winter.

There is plenty of scope for detours to high level if required in the middle section. The route is not particularly well signposted in parts, so we would recommend using our Blue Badge Guide for the complete walk, but we do also offer a ' self guided' option, or the option to use a Blue Badge Guide on just some of the days.

Where do we Stay Overnight ?

There is a wide scope of accommodation options, from campsites to luxury hotels. Personally we like to use a number of selected ' Pub Hotels' (somewhere you can get a good meal and a pint!) which we' ve tested ourselves!

Either way you decide what type of accommodation you would like, and we sort it for you.

Luggage Transfers

We transfer your luggage between each accommodation using our own vehicle.

Vehicle Transfers !

If you choose to drive to the start of the Walk .. we can even transfer your vehicle to the end so that you can drive home directly. However both Ulverston and Carlisle are connected to the Railway network .. so you have the choice.

Backup Service

On the Guided Option we take Refreshment stops serviced by our vehicle and back-up crew every few hours

We think this makes the walking as enjoyable as it possibly can be !

Digital Photographs

On the Guided Option we take digital photos of your walk and provide these on CD-ROM for you at the end of the walk, together with a hand produced laminated collage as a special reminder of Your Holiday.

Our Fees

For our Professional **Blue Badge** Guide service we use our licensed MPV where required, this has room for 5 walkers. Our Fees for our Professional Guide, luggage transfers, and organising accommodation are £180 per day for the party,

For Self Guided tours. Our fees for preparing route descriptions, luggage transfers and organising accommodation are £90 per day for the party. We can accommodate larger groups for self-guided walks as transport is not required.

Note :- these prices do not include accommodation and evening meals.

| What' s included in the Price | Guide Outside Walk Type | |
|----------------------------------------------------------------|---------------------------|------------------|
| | Blue Badge Guided | Self Guided |
| Professional Blue Badge Guiding Service along the Route | YES | NO |
| Refreshments provided en-route | YES | NO |
| Luggage Transferred along the route | YES | YES |
| Accommodation Arranged | YES | YES |
| Detailed Route Description provided, including GPS if required | Not required ¹ | YES |
| Vehicle Transfers | YES | NO |
| MPV Backup Service | YES | NO |
| Digital Photographic Record ⁵ | YES | NO |
| Price per party per day | £180 ² | £90 ³ |
| Price per person per day ⁴ | £45 | £22.50 |

1 Our Blue Badge Guide is your complete ' route description' !

2 maximum party size 5 (limited by MPV size)

3 maximum party size 10 (limited by the amount of luggage we can move!)

4 assuming 4 people in the party

5 we take a digital photographic record of your Tour !

The Route Map

(from www.golakes.co.uk)

Guide Outside Ltd.
is a member of
Cumbria Tourist Board



Details correct as of Oct. 2004